Santa Rosa Junior College
Health Sciences Department
Health Evaluation Form

STUDENT NAME: _____
Last First MI

BIRTHDATE: _____ SRJC ID #_____ GENDER: □ **M** □ **F**

ADDRESS: _____
Street City State Zip Code

Home Phone (_____) _____-_____ Mobile Phone (_____) _____-_____

Month/Year of 1st Clinical or Administrative Facility Rotation_____

Email address: _____

IN CASE OF EMERGENCY NOTIFY:_____
Name Phone

Failure to submit completed Health Evaluation Form, immunization documentation and other program requirements by the due date will result in student being restricted from clinical rotation.

It is the student's responsibility to maintain copies of all documents submitted with applications. The Health Sciences Department ***does not*** make copies for students or provide copies of documents submitted. All Health documents are shredded after the student completes the program or is no longer in attendance.

TO THE EXAMINING PHYSICIAN OR HEALTH CARE PROVIDER

Santa Rosa Junior College health science program is interested in the health and welfare of all its students and patients that students may care for. Students must meet the health requirements of the program and the clinical settings where students are sent to practice (with or without reasonable accommodation). Please provide your evaluation of this student's current health status. **(Health evaluation/physical assessment must be completed within the last year.)**

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Sonoma County Junior College District * www.santarosa.edu

Santa Rosa Junior College Health Sciences Department
TECHNICAL STANDARDS

The curriculum leading to the Nursing Assistant Certification requires students to engage in diverse, complex, and specific experiences essential to the acquisition and practice of essential nursing skills and functions. Unique combinations of cognitive, affective, psychomotor, physical, and social abilities are required to satisfactorily perform these functions. In addition to being essential to the successful completion of the requirements of the Nursing Assistant Training Program (NATP), these technical standards are necessary to ensure the health and safety of patients, fellow students, faculty and other healthcare providers.

Becoming a professional Certified Nursing Assistant (CNA) requires the completion of an education program that is both intellectually and physically challenging. To be successful in completing the requirements for a CNA, students must be able to fully participate in both the academic and clinical environments. Below is a list of some of the technical standards required in the NATP. These are examples of learning activities that students will be required to participate in during the NATP and not meant to be an exhaustive list of all technical standards.

Students in the NATP must be able to:

- Participate in classroom, clinical, and laboratory discussions and learning activities.
- Solve problems within reasonable time frames in complex environments.
- Accurately complete data collection including but not limited to vital signs, skin inspection, measurement of nutritional and liquid intake, measurement of output, and resident complaints.
- Move safely around the skills lab, patient rooms and in a variety of clinical settings.
- Assemble and transport a wide range of equipment and supplies to and from resident rooms and other clinical care areas.
- Assist residents with mobility, which may include moving patients in and out of beds, gurneys, and chairs.
- Demonstrate ability to safely transfer residents among beds, chairs, toilets, wheelchairs, and commodes.
- Demonstrate ability to carry out delegated duties.
- Assist residents with ambulation.
- Perform nursing care in a timely and safe manner including the provision of life saving interventions.
- Assist residents with psychomotor skills such as hygiene, feeding, transfers, dressing, and grooming.
- Accurately document patient care on paper and in the electronic health record in a timely manner.
- Communicate with residents, caregivers, family members, and other healthcare personnel in a manner that is clear, accurate, and ensures that the plan of care is understood.
- Develop therapeutic resident and family relationships.
- Establish professional relationships with faculty, other students, staff of affiliating agencies, and members of the community.
- Express feelings and ideas in a professional manner.
- Provide and accept feedback respectfully.
- Adapt to unexpected changes and stressful situations.
- Exercise good judgment.
- Empathize with the feelings and situations of others.
- Identify own emotional responses, be reasonably objective and maintain self-control during difficult situations.

Santa Rosa Junior College Health Sciences Department

REPORT OF PHYSICAL EXAMINATION

My signature below indicates that I have performed a complete history and physical examination on _____, a student admitted to the
Student's name

Health Science Program

In my opinion, the student:

_____ Meets the Physical and mental requirements listed on the foregoing Technical Standards page

_____ Can meet the physical and mental requirements listed with reasonable accommodation

Signature _____ Date _____
Health Care Provider

Address _____

Phone number _____

~~~ Office Stamp here ~~~

REASONABLE ACCOMMODATIONS

Reasonable accommodations are modifications or adjustments that enable a qualified individual with a disability to perform the technical standards involved in a Health Sciences program. These accommodations may involve modification of the learning environment, changes in the manner or circumstances in which learning activities are performed, and/or changes that enable a qualified individual with a disability to enjoy equal benefits and privileges of participation in a Health Sciences program.

Please indicate below whether you require or do not require any reasonable accommodation[s] connected with any aspect of the program to which you have been admitted.

Based on my review of the *SRJC Health Sciences Health Requirements and Technical Standards (initial **one** of the statements below):*

_____ I can meet the technical standards with reasonable accommodations. I will make an appointment with the SRJC Disabled Student Resource Center for evaluation of accommodation needs while in the Health Sciences program. See guidelines at: http://drd/santarosa.edu.

_____ I have read the technical standards. To my knowledge, I can meet the technical standards without limitations or need for reasonable accommodation.

_____ _____
Print Name Date

_____ _____
Signature Date

Description of accommodation if needed:

Santa Rosa Junior College Health Sciences Department

Immunization requirements for health care workers, including students, are different than immunization requirements for the general population. These requirements are set by the program/clinical facilities where students provide patient care. Pregnant students need to see their health care provider for guidelines for immunizations when pregnant. For more in depth explanations, please refer to: https://www.cdc.gov/vaccines/

Attach photocopies verifying the following*:*

1. PPD (Tuberculosis skin test) - annual requirement

   PPD for health professionals is a two-step booster process for the first PPD, then an annual one step process is required thereafter as long as you stay current with annual skin testing. The PPD test is given and then read in 48-72 hours. If the first one is negative, the PPD skin test is repeated the following week but no more than 4 weeks later. You must receive the two tuberculin skin tests within a month's time frame to be considered an actual two-step process.

2. Annual flu vaccination is now required by area hospitals based on California Health recommendations. Verification of immunization may be difficult to come by if the vaccination is received at flu clinics in the community setting however, it is required. Each student is to avail themselves of the vaccine at the SRJC Student Health Center, health care provider, or community flu clinics. We will require student's documentation to verify completion of this requirement every fall. The annual flu vaccines usually are released by the CDC by September each year. You will need to have the current flu vaccine to participate in this program.

Hospital employees are allowed to decline the flu vaccinations with a signed declination statement. Students however are not employees, and clinical settings may decline a student if not fully immunized. Students who are unable to complete their clinical rotations will not meet course objectives and will fail the course.